



Are you a British military veteran or member of the armed forces community?



County Durham
and Darlington
NHS Foundation Trust

There are lots of services offering help and support around the things that matter to you.

Mental Health	Benefits	Finance
Family	Housing	Wellbeing
Justice	Employment	Support Groups

Scan the QR codes, to find out about the different services that can help veterans, members of the armed forces community (serving or served), reservists, family members, widows, widowers and carers who need support, or just want to know more.

Affected by Cancer?



1. Open the camera app on your phone
2. Point the camera at the QR code to scan
3. Tap the notification or prompt on

Member of the Armed Forces Community?



safe • compassionate • joined-up care



www.cddft.nhs.uk